



## **Co-Ed Drop-In Recreational Sports 2015-16 Schedules** **October 13-December 18, 2015 and January 4-May 20, 2016**

**Updated on Tuesday November 17<sup>th</sup>, 2015**  
**NO PLAY on Friday November 20th**

Drop in is a great way to have an active lifestyle and meet new people. There are a variety of sports available throughout the week ranging from badminton, volleyball, pickle ball and soccer. All drop-in programs are designed for adult 16 years + and operate on a first come, first serve basis.

**Fee \$6 (equipment included)**

**NOTE:** Schedule is subject to change on a regular basis. Please visit [www.canmore.ca/Courses-and-Programs/](http://www.canmore.ca/Courses-and-Programs/) for updated No Play dates.

### **Volleyball**

Mondays: 8-10pm

(no play Feb 15)

Fridays: 7-9pm

(no play Nov 20, Jan 29, Feb 26)

**Lawrence Grassi School**

### **Soccer**

Mondays: 6-8pm

(no play Feb 15)

**Lawrence Grassi School**

### **Badminton**

Thursdays: 8-10pm

**Lawrence Grassi School**

### **Pickleball**

Tuesdays: 7-9pm

(no play Nov 17, Dec 15, Feb 9)

**Elizabeth Rummel School**